

---

## Medically Complex Patient Population Examples

### **Cardiovascular**

Cardiomyopathy Severe anemia  
Thrombophilia  
Atrial fibrillation  
Anticoagulation problems  
DVT  
Leiden heterozygote  
Pulmonary hypertension  
Sickle cell  
Raynaud's disease  
Glanzmann's thrombocytopenia  
Ventricular tachycardia  
Factor V Leiden  
Type 1 Von Willie brands

### **Neurological**

Developmental Delay  
Seizure disorder  
Bipolar disorder  
Stroke history  
Clinical depression  
Psychosis  
Schizophrenia  
Migraines with aura  
Epilepsy  
Brain cyst  
Spinal cord injury  
Severe clinical anxiety  
Spina Bifida  
Cerebral palsy  
Paralytic syndrome

### **Transplant**

Gastric bypass/bariatric surgery  
On transplant list  
Renal transplant  
Cardiac transplant

### **Autoimmune**

HIV+  
Gravies disease  
RA Scleroderma  
Sjogrens Syndrome  
Myasthenia gravis

### **Reproductive-Related**

Endometrial Hyperplasia  
Endometriosis Pelvic pain  
Displaced bicorn uterus  
Uterine rupture  
Failed BTL/essure  
Failed vasectomy (in partner)  
Septic missed abortion  
History of reoccurring  
pregnancy loss  
Placenta previa  
History of abnormal pregnancies  
Double uterus  
Polycystic ovary syndrome  
High risk for uterine rupture w/  
future pregnancies  
Adenomyosis  
Cervical intraepithelial neoplasia  
(CIN)  
Myomectomy  
Eclampsia  
History of septic abortion  
Preeclampsia

### **Pulmonary**

Prior pulmonary embolism  
Pulmonary disorders  
Uncontrolled asthma  
Cystic fibrosis  
Sarcoidosis  
Heavy long time smoker

### **Renal**

Renal disease  
Hepatitis C  
Systemic lupus nephritis  
Diabetes Type 1  
Kidney disease Hepatitis B

### **Endocrine**

Hormone intolerance  
Hyperthyroidism  
Pituitary macroadenoma

### **Other**

Cholecystectomy  
Teratogenic meds  
Achondroplasia  
Blind  
Crohns disease  
Paraplegic  
Morbid obesity  
Acute CMV infection

### **Cancer**

Breast cancer  
Cervical cancer  
Uterine cancer Brain tumor  
Non-Hodgkin's lymphoma

## Socially Complex Patient Population Examples

- Homeless/shelter
- Incarcerated
- Mail order bride
- History of non-compliance
- Active drug abuse
- Emergency contraception
- Birth control privacy from parents Birth control privacy from partner
- Birth control privacy from employer Asylum seeker/ Refugee
- Undocumented resident /non-citizen Domestic violence
- Sexual assault
- No prenatal care
- In place of sterilization b/c of youth
- In foster care